



WHERE CARE STARTS..

Day Centre Support Program

January 2026

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Thought of the Month

“Reflect, Celebrate, Recharge”

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Local Park Visit (Free Event)	2 Learning Domestic Skills (Free Event)	3 St. Nicholas Day
4 National Spaghetti Day (Free Event)	5 1001 Steps Bayview Park (Free Event)	6 Visit Market 3196 (Free Event)	7 St Germain Fruit Market (buy Fruit) (\$5.00)	8 Cooking Program (\$10.00)	9 Zumba Session followed by BBQ (\$7.00)	10 World Hindi Day
11 International Thank you Day (\$20.00)	12 Restaurant Hungry Jacks (No Lunch Required) (\$10.00)	13 Swimming (\$10.00)	14 Bike Riding (Free Event)	15 Dragon Park Playground (Free Event)	16 Blind Bight (Free Event)	17 NGV Kids Summer Festival
18 National Winnie the Pooh Day (Free Event)	19 Berwick Springs Lake (\$10.00)	20 Swimming (\$10.00)	21 Visit Coles Supermarket (buy Drinks) (\$3.00)	22 Cooking Program (\$10.00)	23 Australia Day Arts & Crafts (Free Event)	24 International Day of Education
25 National Irish Coffee Day Public Holiday	26 Cranbourne Botanic Public Holiday (\$10.00)	27 Swimming (\$10.00)	28 Bike Riding (Free Event)	29 Cooking Program (\$10.00)	30 Bon Beach (Free Event)	31



Program	Address
1001 Steps Bayview Park	<p>188T Quarry Rd, Narre Warren VIC 3805</p> <p>Public parkland and walking track.</p> <p>FREE</p>
All Ability Cycling	<p>All ability cycling is a program that provides adapted bikes and support for people of all abilities to ride bicycles. The programs are designed to be fun and inclusive, and to help people improve their balance, coordination, and confidence.</p>
Frankston Beach	<p>1N Pier Promenade, Frankston, VIC 3199</p> <p>Frankston Beach is at the southern end of a stretch of beach that runs for nine kilometres almost due north to the Patterson River mouth at Carrum. A delightful boardwalk meanders along the foreshore.</p> <p>FREE</p>
Dragon Park Playground	<p>Dragon Park, Lakeside is a family-friendly playground situated within Lakeside Park in Pakenham, Victoria. The park features two distinct playground areas: one fully enclosed with safety gates, equipped with a pyramid rope climbing frame, slides, and various climbing structures; and another unfenced area offering a tower with a twisting spiral tunnel slide, climbing walls, and a basketball court.</p> <p>FREE</p>
Hungry Jack's	<p>Hungry Jack's Pty Ltd. is an Australian fast-food franchise of the Burger King Corporation. It is a wholly owned subsidiary of Competitive Foods Australia (with licensing from Restaurant Brands International), a privately held company owned by Jack Cowin. Hungry Jack's owns and operates or sub-licenses all the Burger King/Hungry Jack's restaurants in Australia.</p>
Splash's Swimming School	<p>60 Kangan Dr, Berwick VIC 3806</p> <p>With over 30 years of experience in the aquatic industry, Splash's are committed to delivering an effective learn to swim programs for all ages and abilities.</p>
Visit to Market 3196 (Chelsea market)	<p>The indoor market with more!</p> <p>A thriving bazaar of diverse stalls that seamlessly mixes the old with the new, the kitsch with the stylish and the hand made with the mass produced. Conveniently located off the exit of the newly opened Mordialloc Freeway, Market 3196 is a shopping wonderland and mecca for bargain hunters, collectors and those just out looking for something different.</p>
Berwick Spring Lake	<p>Berwick Springs is wedged between Greaves Road, Berwick Springs Promenade, The Esplanade and Moondarra Drive in Narre Warren South.</p> <p>A beautiful, maintained lake with walking, bike riding tracks and outdoor playground for all ages. Look out for the Rainbow Trout.</p> <p>FREE</p>

Coles Supermarkets	<p>Coles Supermarkets Australia Pty Ltd, doing business as Coles, is an Australian supermarket, retail and consumer services chain, headquartered in Melbourne as part of Coles Group.</p> <p>Founded in 1914 in the suburb of Collingwood by Sir George Coles, the company currently operates 846^[3] supermarkets throughout Australia, including several now re-branded Bi-Lo stores.</p>
Bonbeach	<p>Bonbeach Foreshore Reserve is a coastal strip featuring a wide sandy 1.5 km beach, featuring iconic bathing boxes, and natural habitat which connects to Chelsea Beach to the north and Patterson River to the south.</p> <p>Bonbeach is a wheelchair friendly beach with accessible toilets, shower, paths, ticketed parking and an off-leash dog area. The beach is patrolled by the Bonbeach Surf Life Saving Club.</p> <p>FREE</p>